

## RELAX AND RENEW PACKAGES

### Ultimate Indulgence Full day package 5.5 hrs \$525

Includes all our top 1 hour long treatments; Bath, massage, facial, lash tint, our signature brow design, manicure and pedicure. Includes a delicious lunch

### Luxury Escape half day package 3.5 hrs \$399

Half day package with the express 30 minute treatments

### Relax & Unwind 120 mins \$210

Our most popular package Bath under the simulated stars followed by our heavenly massage with facial

### Island Escape Body Ritual 90 mins \$179

Begin your journey with an indulgent back exfoliation. Once your skin is smooth we lavish your skin with coconut milk. We then apply coconut butter to your feet and hands and massage in. Let your cares drift away with our heavenly body massage and finish off with an Indian head massage. You will feel like you have been on holiday!

### Warming Spa Ritual 75 mins \$150

Following a dry body brush we apply warm exotic pure Fiji coconut oil and massage your whole body. Hot stones are applied on specific points of your body while your hands are wrapped in coconut butter. Pure bliss!

### Heavenly Massage with Facial 90 mins \$185

Extend your facial with extra time to really relax. Combining relaxation massage with a facial of your choice, we guarantee you won't be sorry you chose the longer one!

### Bella - Mumma-to-be 1.5 hrs \$150

Look and feel your best before baby arrives  
Last chance to really indulge and nurture yourself before baby arrives.  
Start your pamper with our heavenly Foot and leg revival to reduce foot swelling and pain. Followed by our a mini Pedicure to remove dry skin and brighten up those toes. Lash tint to darken those lashes. Followed by a Indian head massage & Skin brightening exfoliating mask

### New Mumma Pamper 1.5 hrs \$159

Feeling sleep deprived? Beautiful pick me up after baby  
Indulge some me time and enjoy some spa time to really reinvigorate you. Mini facial plus shoulder massage. New Definition brows and lash tint

## A VOUCHER MAKES THE BEST GIFT

Treating someone special to one of our carefully designed spa packages will brighten up their day and leave them with a lifetime of memories. Our vouchers are in a credit card style and arrive beautifully presented in a butterfly card

Buy on our online shop or on Facebook  
or visit our website

*Did you know?*



YOU CAN BOOK ONLINE VIA  
OUR WEBSITE OR FACEBOOK

15 Titoki Street Masterton  
[www.changesmedispa.co.nz](http://www.changesmedispa.co.nz)

06 370 1971

Join us on

 Facebook and Instagram   
changesmedispa

## ACCOMMODATION & GROUPS

For the perfect workplace Christmas party  
venue, hens party or romantic getaway  
or just because you love to spa!

See our Party Package on website  
For groups of 4+

\$150 for Two Mini Treats | Robes & Slippers  
Spa Pool | Use of Spa lounge | Refreshments

## LUXURY DAY SPA AND ACCOMMODATION



CHANGES  
Medi-Spa

*We believe in order to make the most of life  
you need to take time out and look after yourself*

*Taking time out of this fast paced world at our  
spa allows you time to become the best possible  
version of you.*

KATIE WINSTANLEY, OWNER

SPRING / SUMMER 2020  
VALID UNTIL 1ST MARCH

## FACIALS

No one delights in making luxurious facials more than us. Performed in our garden rooms with super soft heated bed. We are proud to be one of the top Dermalogica clinics in the country so you can be assured of the highest quality service carried out by experienced highly trained skincare therapists.

**dermalogica**

Pro 30 Quick pick me up in our clinic room	\$80
Pro 60 1 hour of bespoke luxury	\$140
Teen Facial targeting younger skin	\$70
Heavenly Facial with Massage 90 minutes	\$185

<b>CHANGES Glow facial deluxe dermaplaning</b>	\$155
For outstanding results and instant brightening, this exfoliating facial has the benefit of removing vellus hair. Leaving the skin looking its very best glowing and hydrated. Performed by our nurse. First treatment includes treatment serums and hydrating mask worth \$25	

Maintenance treatment under 3 months	\$105
Dermalogica hydration mask/serum add on	\$25

<b>Dermapen 4</b>	\$300
Gold standard in dermal needling. Targeting fibroblasts to help stimulate collagen. This treatment has proven results in treating acne, scars, wrinkles and pigmentation. Results lasting 2 years	

<b>Pure Fiji Island time facial 60 mins</b>	\$135
For our guests who want that island glow and have their skin under control but want a relaxation facial with a pure Fiji island indulgent sensory experience	

<b>Peels</b>	
For those times when you need more active help	
O cosmedics Facial / Peel 60 minutes	\$159
Dermalogica Pro Peel 30 minutes	\$85

## MASSAGE

Hot Stone Massage	90 minutes	\$175
Hot Stone Massage	75 minutes	\$155
Deep Tissue Massage	90 minutes	\$150
Therapeutic / Sports Massage	60 minutes	\$135
Fiji Massage Island Bliss	75 minutes	\$135
Aromatherapy Massage	90 minutes	\$135
Aromatherapy Massage	60 minutes	\$99
Mumma-to-be Massage	60 minutes	\$115
Romantic Couples Package	60 minutes	\$230
Foot and Leg Revival add on to above - 30 minutes		\$65

## MANICURES

<b>Brightening Manicure - 45 minutes</b>		
The full works! Perfect for dry overworked and neglected hands. Using a gentle scrub to gently revive and bring your skin back to life. Choose from Gel bottle or normal polish		
		\$72
<b>Maintenance Manicure - 30 minutes</b>		\$59
For our regulars who just love Gelbottle		
Gel soak off		\$10

## PEDICURES

<b>Once-in-a-while pedicure</b>	60 minutes	\$90
<b>Maintenance Pedicure &gt;6 weeks</b>	45 minutes	\$80
<b>Cracked Heel Medi Pedi</b>	75 minutes	\$110
includes a treatment callus foot peel		
<b>Gel Pedicure</b>		\$100
Instantly dry, longer lasting shine		
<b>Add ons:</b>		
French Tips		\$10
Paraffin mask		\$20
Gel removal		\$10
Callus foot peel		\$30

## DESIGNER BROWS

There is no doubt that we are a centre of excellence when it comes to all things brows. No-one does brows like us. With our training academy and highly qualified passionate team you can't visit CHANGES without experiencing our signature brow makeover!

First Time New Definition Brows	\$65
Over 6 weeks NDBROWS	\$59
Under 6 weeks NDBROWS	\$49
New! HDBROW Lamination inc brows	\$92
HDBROWS from the UK	\$69
Deluxe henna tint on its own	\$50
Add on henna to brows	\$20

## LASHES

Party Flirts 30 minutes fun lashes	\$65
Full set of silk lashes	\$130
Full set of hybrid lashes	\$150
3 weekly infill	\$65
2 weekly infill	\$45
Russian Volume Lashes	\$170
LVL Lash lift with hand treatment and tint	\$92
Lash tint & our signature hand massage	\$30

## PROFESSIONAL AIRBRUSH TAN

Choose from Moroccan or Bondai Sands	
Half body	\$35
Full body	\$45

## WAXING

Brazilian first time	\$75
Brazilian maintenance under 6 weeks	\$59
Bikini Wax	\$32
Bikini / half leg	\$70
Underarm Wax	\$29
Back or Chest Wax	\$55
Full leg wax	\$59
1/2 leg wax includes knees and toes	\$47