

## RELAX AND RENEW PACKAGES

### Ultimate Indulgence Full day package 5.5 hrs **\$525**

Includes all our top 1 hour long treatments; Bath, massage, facial, lash tint, our signature brow design, manicure and pedicure. Includes a delicious lunch

### Luxury Escape half day package 3.5 hrs **\$399**

Half day package with the express 30 minute treatments

### Relax & Unwind 120 mins **\$210**

Our most popular package Bath under the simulated stars followed by our heavenly massage with facial

### Island Escape Body Ritual 90 mins **\$179**

Begin your journey with an indulgent back exfoliation. Once your skin is smooth we lavish your skin with coconut milk. We then apply coconut butter to your feet and hands and massage in. Let your cares drift away with our heavenly body massage and finish off with an Indian head massage. You will feel like you have been on holiday!

### Warming Spa Ritual 75 mins **\$150**

Following a dry body brush we apply warm exotic pure Fiji coconut oil and massage your whole body. Hot stones are applied on specific points of your body while your hands are wrapped in coconut butter. Pure bliss!

### Heavenly Massage with Facial 90 mins **\$185**

Extend your facial with extra time to really relax. Combining relaxation massage with a facial of your choice, we guarantee you won't be sorry you chose the longer one!

### Bella - Mumma-to-be 1.5 hrs **\$150**

Look and feel your best before baby arrives  
Last chance to really indulge and nurture yourself.  
Start your pamper with our heavenly Foot and leg revival to reduce foot swelling and pain. Followed by our a mini Pedicure to remove dry skin and brighten up those toes. Lash tint to darken lashes. Followed by a Indian head massage & exfoliating mask to brighten up your complexion

### New Mumma Pamper 1.5 hrs **\$159**

Feeling sleep deprived? Beautiful pick me up after baby  
Indulge some me time and enjoy some spa time to really reinvigorate you. Mini facial plus shoulder massage. New Definition brows and lash tint

## A VOUCHER MAKES THE BEST GIFT

Treating someone special to one of our carefully designed spa packages will brighten up their day and leave them with a lifetime of memories. Our vouchers are in a credit card style and arrive beautifully presented in a butterfly card

Buy on our online shop or on Facebook  
or visit our website

*Did you know?*



YOU CAN BOOK ONLINE VIA  
OUR WEBSITE OR FACEBOOK

15 Titoki Street Masterton  
[www.changesmedispa.co.nz](http://www.changesmedispa.co.nz)

**06 370 1971**

Join us on

Facebook and Instagram   
changesmedispa

## ACCOMMODATION & GROUPS

For the perfect workplace Christmas party  
venue, hens party or romantic getaway  
or just because you love to spa!

See our Party Package on website  
For groups of 4+

\$150 for Two Mini Treats | Robes & Slippers  
Spa Pool | Use of Spa lounge | Refreshments

## LUXURY DAY SPA AND ACCOMMODATION



CHANGES  
Medi-Spa

*We believe in order to make the most of life  
you need to take time out and look after yourself*

*Taking time out of this fast paced world at our  
spa allows you time to become the best possible  
version of you.*

KATIE WINSTANLEY, OWNER

SPRING / SUMMER 2020  
VALID UNTIL 1ST MARCH

## FACIALS

No one delights in making luxurious facials more than us. Performed in our garden rooms with super soft heated bed. We are proud to be one of the top Dermalogica clinics in the country so you can be assured of the highest quality service carried out by experienced highly trained skincare therapists.

### dermalogica

**Pro 30** Quick pick me up in our clinic room  
**Pro 60** 1 hour of bespoke luxury  
**Teen** Facial targeting younger skin  
**Heavenly** Facial with Massage 90 minutes  
**\$185**

**CHANGES** Glow facial deluxe dermaplaning  
**\$155**

For outstanding results and instant brightening, this exfoliating facial has the benefit of removing vellus hair. Leaving the skin looking its very best glowing and hydrated. Performed by our nurse. First treatment includes treatment serums and hydrating mask worth \$25

**Maintenance** treatment under 3 months  
**\$105**  
**Dermalogica** hydration mask/serum add on  
**\$25**

**Dermapen 4**  
**\$300**

Gold standard in dermal needling. Targeting fibroblasts to help stimulate collagen. This treatment has proven results in treating acne, scars, wrinkles and pigmentation. Results lasting 2 years

**Pure Fiji** Island time facial 60 mins  
**\$135**

For our guests who want that island glow and facial with a pure Fiji island indulgent sensory experience

**Island time** facial with Lomi Lomi Massage 90 mins  
**\$185**

## Peels

For those times when you need more active help

**Ocosmedics** Facial / Peel 60 minutes  
**\$159**

**Dermalogica** Pro Peel 30 minutes  
**\$85**

## MASSAGE

**Hot Stone** Massage  
 90 minutes  
**\$175**

**Hot Stone** Massage  
 75 minutes  
**\$155**

**Deep Tissue** Massage  
 90 minutes  
**\$150**

**Therapeutic / Sports** Massage  
 60 minutes  
**\$135**

**Fiji** Massage Island Bliss  
 75 minutes  
**\$135**

**Aromatherapy** Massage  
 90 minutes  
**\$135**

**Aromatherapy** Massage  
 60 minutes  
**\$99**

**Mumma-to-be** Massage  
 60 minutes  
**\$115**

**Romantic** Couples Package  
 60 minutes  
**\$230**

**Foot and Leg** Revival add on to above - 30 minutes  
 60 minutes  
**\$65**

## MANICURES

**Brightening** Manicure - 45 minutes

The full works! Perfect for dry overworked and neglected hands. Using a gentle scrub to gently revive and bring your skin back to life.

Choose from Gel bottle or normal polish

**Maintenance** Manicure - 30 minutes

For our regulars who just love Gelbottle

**Gel** soak off  
**\$10**

## PEDICURES

**Once-in-a-while** pedicure  
 60 minutes  
**\$90**

**Maintenance** Pedicure >6 weeks 45 minutes  
**\$80**

**Cracked Heel** Medi Pedi  
 75 minutes  
**\$110**

Includes a treatment callus foot peel

**Gel** Pedicure  
**\$100**

Instantly dry, longer lasting shine

**Add ons:**

**French** Tips  
**\$10**

**Paraffin** mask  
**\$20**

**Gel** removal  
**\$10**

**Callus** foot peel  
**\$30**

## DESIGNER BROWS

There is no doubt that we are a centre of excellence when it comes to all things brows. No-one does brows like us. With our training academy and highly qualified passionate team you can't visit CHANGES without experiencing our signature brow makeover!

**First Time** New Definition Brows  
**\$65**

**Over 6 weeks** NDBROWS  
**\$59**

**Under 6 weeks** NDBROWS  
**\$49**

**New!** HDBROW Lamination inc brows  
**\$92**

**HDBROWS** from the UK  
**\$69**

**Deluxe** henna tint on its own  
**\$50**

**Add on** henna to brows  
**\$20**

## LASHES

**Party** Flirts 30 minutes fun lashes  
**\$65**

**Full set** of silk lashes  
**\$130**

**Full set** of hybrid lashes  
**\$150**

**3 weekly** infill  
**\$65**

**2 weekly** infill  
**\$45**

**Russian** Volume Lashes  
**\$170**

**LVL** Lash lift with hand treatment and tint  
**\$92**

**Lash** tint & our signature hand massage  
**\$30**

## PROFESSIONAL AIRBRUSH TAN

Choose from Moroccan or Bondi Sands

**Half** body  
**\$35**

**Full** body  
**\$45**

## WAXING

**Brazilian** first time  
**\$75**

**Brazilian** maintenance under 6 weeks  
**\$59**

**Bikini** Wax  
**\$32**

**Bikini** / half leg  
**\$70**

**Underarm** Wax  
**\$29**

**Back** or Chest Wax  
**\$55**

**Luxury** Full leg wax includes leg exfoliation  
**\$59**

**1/2 leg** wax includes knees and toes  
**\$47**