

New year Newsletter

Jan 2021

Dear All,

Happy New year from all of us at CHANGES. We hope you have all had a wonderful rest and feel ready for what this year throws at us! We have some exciting things planned for you so please read on!

What's inside this issue:

- How looking after yourself is important for health
- Welcome to all our new team members
- CHANGES this year
- New business venture
- Jan Special

WHY ITS SO IMPORTANT TO TAKE TIME OUT

Written by katie Winstanley

For those of you who dont know my story my background is nursing. I have always held a belief that health and wellness is a mirror to what we do in our physical lives as well as what we eat! I know for much of my life I have been tearing around looking after everyone else but not living my best life. The CHANGES logo is actually MY story- a broken tired grey moth transformed into a beautiful butterfly! That didn't happen over night it took years of learning to nurture and look after myself and put myself first. I know its not in our nature but its essential for mental wellbeing! So this year ladies please let us all spend more time doing the things that bring us joy x

Katie x



Meet our New team members



Emma

FRIENDLY FACE BEHIND THE DESK/ SPA RECEPTIONIST

Emma is such a delight and we are so grateful to have her in our little world! Emma is here to make your stay as perfect as possible and to be a friendly voice at the end of the phone :)



Sara

NEWLY QUALIFIED

Sara is our new grad. We aim to help the new students graduating by offering them an internship. We obviously then keep the good ones and I am delighted to report Sara will be staying with us this year! Thank you for your understanding as she gains her speed and confidence. Sara loves massage and facials and has had many compliments and rebooks already! - well done!



Anna-Lisa

SENIOR BEAUTY THERAPIST SPECIALISING IN GELBOTTLE NAILS

We are so thrilled to be able to have Anna-lisa with us. From Wellington Anna-lisa has now settled in the Wairarapa and is full time with us. With 5 years under her belt she is a perfectionist when it comes to waxing and nails, but also loves all aspects of her job :)

CHANGES AT CHANGES!

Firstly I would like to say thank you to all our customers you have been so supportive, so positive even when things do go wrong or we dont quite get it right! So we really appreciate the loyalty. We know we have something so very special here and we want to constantly improve our services and facilities.

First on the list is we are going to be upgrading our largest room (previously the hair salon) into a wonderful couples suite because of high demand with groups and couples. This should be ready mid February hopefully in time for Valentines day!

We also have some new brow beds that we can't wait to show you!! 2021 is going to be the year of the brow!

I have only just realised however that we are only a few \$1 more expensive than busy hectic town salons who do not provide the same quality products or the services or all the little extras like \$1.70 cupcakes etc like we do. Also because I like to employ the best quality / trained staff I can only do that if I pay them well. So sadly we will need to address our low prices in our next menu from April. HOWEVER I will be reintroducing a loyalty passport to our loyal regular customers so when you come for a 1 hour appointment or more we sign off your passport and your 10th visit is 1/2 price. Starting in April!

Award winning spa. We are very excited that we are once again in one of the 8 top dermalogica clinics in NZ and have been awarded PLATINUM status! Stacey & Sammie are also working towards their expert status dermalogica this year. Seriously the best training!

We are very close to achieving GOLD status with pure Fiji - which down to everyone buying these wonderful products so thank you! My top selling therapist will be coming to Auckland with me for the pure Fiji conference in April .

NEW! We are going to be running some VIP evenings this year. I would love to hear from you what would you like us to do at these events ? Makeup lessons? skin care? Teen skin? Aging process and how to slow down? Please let me know. These are really fun events and always fill up quickly so look out on facebook!

NEW business venture :) Many who came to our 8th birthday would have seen my new venture -The pink party tent! We will be showcasing this by having a VIP enclosure and serving pink bubbles and Eton mess at the wings over Wairarapa this year and doing brows too! Do come and say Hi if you are there!

Thanks and here's to a wonderful 2021--->the year for you!

January Glow Package

\$120

Guava Anti-Ageing Nourishing Wrap
Perfect Post Christmas Pamper
for dry dehydrated skin - 1 hour

Restore some life back into holiday skin after the excesses of the Christmas holiday season.
For soft, glowing hydrated skin!

This treatment is carried out in our candlelit Spa bathroom

- Full body sugar glow exfoliation and hot towel removal
- We will then apply the warm Guava Masque
- You are then wrapped and cocooned
- Hair and scalp hot oil massage to treat sun damaged hair
- Finish off with our beautiful Guava Body lotion

Island bliss!

From your favorite team at CHANGES





Katie Paige Jaz Charlotte Sammie Stacey Sara Emma & Anna-lisa



Jan special is a hit for dry sun damaged skin!