

RELAX AND RENEW PACKAGES

Ultimate Indulgence Full day package 5.5 hrs \$550

Includes all our top 1 hour long treatments; Bath, massage, facial, lash tint, our signature brow design, manicure and pedicure. Includes a delicious lunch

Luxury Escape half day package 3.5 hrs \$410

Half day package with the express 30 minute treatments

Relax & Unwind 120 mins \$220

Our most popular package Bath under the simulated stars followed by our heavenly massage with facial

Island Escape Body Ritual 90 mins \$185

Begin your journey with an indulgent back exfoliation. Once your skin is smooth we lavish your skin with coconut milk. We then apply coconut butter to your feet and hands and massage in. Let your cares drift away with our heavenly body massage and finish off with an Indian head massage. You will feel like you have been on holiday!

Warming Spa Ritual 75 mins \$150

Following a dry body brush we apply warm exotic pure Fiji coconut oil and massage your whole body. Hot stones are applied on specific points of your body while your hands are wrapped in coconut butter. Pure bliss!

Heavenly Massage with Facial 90 mins \$187

Extend your facial with extra time to really relax. Combining relaxation massage with a facial of your choice, we guarantee you won't be sorry you chose the longer one!

Bella - Mumma-to-be 1.5 hrs \$155

Look and feel your best before baby arrives
Last chance to really indulge and nurture yourself.
Start your pamper with our heavenly Foot and leg revival to reduce foot swelling and pain. Followed by our a mini Pedicure to remove dry skin and brighten up those toes. Lash tint to darken lashes. Followed by a Indian head massage & exfoliating mask to brighten up your complexion

New Guava Wrap 60 mins \$120

Relax in our candle lit bathroom under the stars and enjoy this skin softening divine treatment from Pure Fiji. We start with an all over body scrub and wrap your hands and feet in beautiful guava body butter and apply a warm mask and wrap up, while this is soaking in we will perform an indian head massage

A VOUCHER MAKES THE BEST GIFT

Treating someone special to one of our carefully designed spa packages will brighten up their day and leave them with a lifetime of memories. Our vouchers are in a credit card style and arrive beautifully presented in a butterfly card

Buy on our online shop or on Facebook
or visit our website

Did you know?



YOU CAN BOOK ONLINE VIA
OUR WEBSITE OR FACEBOOK

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www.changesmedispa.co.nz

06 370 1971

Join us on

Facebook and Instagram
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ACCOMMODATION & GROUPS

For the perfect workplace Christmas party
venue, hens party or romantic getaway
or just because you love to spa!

See our Party Package on website
For groups of 4+

\$150 for Two Mini Treats | Robes & Slippers
Spa Pool | Use of Spa lounge | Refreshments

LUXURY DAY SPA AND ACCOMMODATION



CHANGES
Medi-Spa

*Taking time out of this fast paced world at our
spa allows you time to become the best possible
version of you.*

KATIE WINSTANLEY, OWNER

AUTUMN /WINTER 2021
VALID UNTIL 31ST OCTOBER

FACIALS

No one delights in making luxurious facials more than us. Performed in our garden rooms with super soft heated bed. We are proud to be one of the top dermalogica clinics in the country so you can be assured of the highest quality service carried out by experienced highly trained skincare therapists.

dermalogica®

Pro 30 Quick pick me up in our clinic room	\$85
Pro 60 1 hour of bespoke luxury	\$145
Teen Facial targeting younger skin	\$70
Heavenly Facial with Massage 90 minutes	\$187

CHANGES Glow facial deluxe dermaplaning	\$160
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For outstanding results and instant brightening, this exfoliating facial has the benefit of removing vellus hair. Leaving the skin looking its very best glowing and hydrated. Performed by our nurse. First treatment includes treatment serums and hydrating mask worth \$25

Maintenance treatment under 3 months	\$110
Dermalogica hydration mask/serum add on	\$25
LED Mask (add on)	\$50

Dermapen 4	\$310
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Gold standard in dermal needling. Targeting fibroblasts to help stimulate collagen. This treatment has proven results in treating acne, scars, wrinkles and pigmentation. Results lasting 2 years

Pure Fiji Island time facial 60 mins	\$140
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For our guests who want that island glow and have their skin under control but want a relaxation facial with a pure Fiji island indulgent sensory experience

Island time facial with Lomi Lomi Massage 90 mins	\$187
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Peels

For those times when you need more active help

O cosmedics Facial / Peel 60 minutes	\$159
Dermalogica Pro Peel 30 minutes	\$90

MASSAGE

Hot Stone Massage	90 minutes	\$179
Hot Stone Massage	75 minutes	\$159
Deep Tissue Massage	90 minutes	\$170
Therapeutic / Sports Massage	60 minutes	\$135
Fiji Massage Island Bliss	75 minutes	\$139
Aromatherapy Massage	60 minutes	\$105
Aromatherapy Massage	90 minutes	\$145
Mumma-to-be Massage	60 minutes	\$119
Romantic Couples Package	60 minutes	\$245
Foot and Leg Revival add on to above - 30 minutes		\$65

MANICURES

Brightening Manicure - 45 minutes

The full works! Perfect for dry overworked and neglected hands. Using a gentle scrub to gently revive and bring your skin back to life. Choose from Gel bottle or normal polish

\$75

Maintenance Manicure - 30 minutes

For our regulars who just love Gelbottle

\$60

Gel soak off

\$10

BIAB Award winning treatment for soft brittle nails (add on to an above manicure)

\$10

PEDICURES

Once-in-a-while (normal polish)	60 minutes	\$95
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Maintenance Pedicure <6 weeks	45 minutes	\$85
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Cracked Heel Medi Pedi	75 minutes	\$115
includes a treatment callus foot peel		

Gel Pedicure		\$105
Instantly dry, longer lasting shine		

Add ons:

French Tips		\$10
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Paraffin mask		\$20
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Gel removal		\$10
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Callus foot peel		\$30
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DESIGNER BROWS

There is no doubt that we are a centre of excellence when it comes to all things brows. No-one does brows like us. With our training academy and highly qualified passionate team you can't visit CHANGES without experiencing our signature brow makeover!

First Time New Definition Brows	\$65
Over 6 weeks NDBROWS	\$59
Under 6 weeks NDBROWS	\$49
New! HDBROW Lamination inc brows	\$92
HDBROWS from the UK	\$69
Deluxe henna tint on its own	\$50
Add on henna to brows	\$20
Brow Tint	\$25

LASHES

Party Flirts 30 minutes fun lashes	\$65
Full set of silk lashes	\$130
Full set of hybrid lashes	\$150
3 weekly infill	\$65
2 weekly infill	\$45
Russian Volume Lashes	\$170
LVL Lash lift with hand treatment and tint	\$92
Lash tint & our signature hand massage	\$30

PROFESSIONAL AIRBRUSH TAN

Choose from Moroccan or Bondi Sands

Half body	\$35
Full body	\$45

WAXING

Brazilian first time	\$75
Brazilian maintenance under 6 weeks	\$59
Bikini Wax	\$32
Bikini / half leg	\$70
Underarm Wax	\$29
Back or Chest Wax	\$55
Luxury Full leg wax includes leg exfoliation	\$59
1/2 leg wax includes knees and toes	\$47