



PURE FIJI RELAX & RENEW PACKAGES

Ultimate Indulgence Full Day Package 5.5hrs \$579
Includes all our top 1hr long treatments; bath, Massage, Facial, Lash Tint, our signature brow design, Gel Maicure and Pedicure. Includes a delish platter for lunch

Luxury Escape Half Day Package 3.5hrs \$459
Half day package with 30 minute treatments as above, and morning tea

Relax & Unwind 120 mins \$227
Our most popular package. Start with a soaking bath under the simulated stars, followed by our Heavenly Massage with Facial

Island Escape Body Ritual 90 mins \$185
Begin your journey with an indulgent back exfoliation. Once your skin is smooth, we lavish your skin with coconut milk. We then apply coconut butter to your feet & hands and massage in. Let your cares drift away with our Heavenly Body Massage and finish off with an Indian Head Massage. You will feel like you've been on holiday!

NEW! Warming Herbal Fusion Massage 75 mins \$145
Perfect for the winter months. Remove stress and boost immunity while improving circulation and removing toxins. To begin, your entire body will be gently massaged with a warm infused Fijian herbal press. Following with a relaxing full body massage with coconut oils and concluding with a beautiful hot oil Indian head massage. You can then take the herbal ball away to use at home!

Bella: Mumma-to-be 90 mins \$185
Look and feel your best before your new arrival. Last chance to really indulge and nurture yourself before baby arrives. Start your pamper with our Heavenly Foot and Leg Revival to reduce foot swelling and pain. Lash Tint to darken those lashes and a mini Facial to brighten the skin. Followed by a mini Pedicure to remove dry skin and a Gel bottle polish to bring joy to those toes you haven't seen in a while.

Rose Pamper 90 mins \$169
Using the finest natural ingredients from a Kāpiti small business, enjoy this sensory journey of relaxation. Start with a fragrant rose petal foot soak and enjoy a 60 minute massage with wild rose massage oil and then a 15 minute rose facial leaving skin glowing hydrated and soothed

Pure Fiji Heavenly Massage with Facial 90 mins \$195
Enjoy the Pure Fiji facial range. We tailor-make you the perfect facial. Combining relaxation massage, we guarantee you will achieve the ultimate level of relaxation

GIFT VOUCHERS

Giving someone a voucher from us speaks volumes about how much you really care. Treating someone special to our luxury spa will brighten up their day, renew their sparkle and leave them with a lifetime of fond memories

Buy on our online shop, on Facebook
or visit our website www.changesmedispa.co.nz

CONTACT

CHANGES Medi-SPA
15 Titoki Street
Masterton 5810

To book your luxury pamper experience
call us now on (06) 370 1971
email us at katie@changesmedispa.co.nz
or book online at www.changesmedispa.co.nz
Please read our cancellation policy before booking



@ChangesMediSpa

Thought about joining our VIP Passport Programme?
Make small, convenient weekly payments throughout the year to spread the cost of your pampering!

ACCOMMODATION & GROUPS

For the perfect workplace party venue, hens party, birthday, romantic getaway, or simply a girlie getaway.
With onsite cocktail lounge and we even have a pink Bubbles Party Tent which can be hired for parties.



The Manor



(06) 370 1971

“WE KNOW HOW IMPORTANT IT IS TO TAKE SOME PRECIOUS TIME OUT OF YOUR BUSY WORLD TO CARE AND NURTURE YOURSELF. WE AIM TO BRING BACK THAT SPARKLE!”

Katie Winstanely, Owner of CHANGES Medi-Spa



CHANGES
Medi-Spa

AUTUMN/
WINTER
MENU 22

Valid from 1 March 2022 to 31 August 2022
Prices/services subject to change, always check with the salon upon booking

FACIAL TREATMENTS

Taking time out to really look after your skin with hydrating targeted products leaves you looking and feeling refreshed and youthful

Dermalogica Facials

International world-leading brand

Dermalogica Sensory Facial 60 mins	\$152
Customised facial to target skin concerns. Includes an upper body shoulder and face massage plus our signature hand massage when hydrating masque is on	
Teen Facial targets skin concerns (19yrs and under)	\$75
Heavenly Facial with Massage 90 mins	\$195
You choice bewteen Pure Fiji or Dermalogica	

Pure Fiji Facials

Pure Fiji Super Touch Facial 60 mins	\$152
Relax on island time and enjoy the beautiful Pure Fiji plant-based products to transform your skin and still the mind	

ADVANCED SKINCARE

Juvenate Advanced Cosmedical Facial 45 min	\$152
Experience the latest technology with seriously fabulous results	
Lactic Acid Infusion	\$125
Experience the latest technology with seriously fabulous results. You need to be on home care products before booking this	
Vitamin A Infusion	\$135
Treat aged skin with this advanced treatment. You need to be on home care products before booking this	
Deluxe Glow Dermablading (Juvenate Mask) 60 mins	\$165
For outstanding results and instant brightening with the benefit of deep exfoliation and removal of vellus hair. Includes LED mask worth \$50	
Maintenance treatment under 3 months (incl. LED mask)	\$132
NEW! Hollywood Carbon Laser Facial	\$185
Find out the secret to how the Hollywood stars have bright, beautiful skin with this revolutionary new treatment. A must for anyone with acne, pigmentation, aging and open pores. This instantly revives, brightens, plumps and regenerates	
3 month package of 3 Carbon Laser Facial treatments	\$499
Hifu	
Throat & neck	\$597
Chin & jawline	\$597
Full cheek lift	\$797
Eye & forehead lift	\$569
IPL Hair Removal banish unwanted hair	POA
IPL Full-face Photorejuv. removes sunspots from the skin	\$350
Dermapen 4	\$310
Gold standard in needling . Now with Juvenate for stunning results!	

Plasma Pen	POA
Intense medical-grade skin tightening treatment with superior, long-lasting results	

MASSAGE TREATMENTS

Relax in our serene garden rooms. Gently relax, ease tension and muscle pain and calm the mind with our beautiful massages

Hot Stone Massage 90 mins	\$185
Hot Stone Massage 75 mins	\$165
Relaxation Massage 60 mins	\$110
Relaxation Massage 90mins	\$150
(Add-on) Foot & Leg Revival 30 mins	\$65
(Add-on) Hand or Foot Scrub 15 mins	\$30
(Add-on) Indian Head Massage 15 mins	\$30

Pregnancy Packages

With our special pregnancy bed, relax and have tired, sore muscles relieved and enjoy some me time before the baby arrives

Mumma-to-be Massage 60 mins	\$119
Rose Pregnancy Package 90 mins	\$179
Includes footsoak, 60 minute massage and mini rose facial	

Couples' Packages

Couples relax together in our beautifully appointed Couples' Suite with bubbles and chocolates in the lounge afterwards

Romantic Couple's Massage Experience for Two 60 mins	\$260
Deluxe Romantic Couple's Experience for Two 75 mins	\$320
Includes a mini facial of your choice	

MANICURES

Deluxe Gel Manicure 60 mins	\$85
Bring back your youthful glow to your tired, dry hands. Using the best Pure Fiji products to buff, hydrate and nourish. Includes sugar scrub, body butter massage, ring clean and gel polish of your choice	
Maintenance Manicure 3 weekly top-up	\$65
(Add-on) Gel removal	\$10
(Add-on) French tip/Nail Art 15 mins	\$15
(Add-on) BIAB Award-winning nail hardening treatment.	\$10

PARADISE PEDICURES

Relax back in our massaging chairs and soak your tired feet in warm, bubbling water. Be pampered from sole to soul!

Deluxe Gel Pedicure 60 mins	\$108
Maintenance Gel Pedicure (under 6 weeks) 45 mins	\$89
Cracked Heel Medi-Pedi 75 mins	\$125
Includes extra work on heels and foot peel	
(Add-on) Gel removal.	\$10
(Add-on) 3-step Dead Skin Removal Includes callus peel	\$30

All our Manicures and Pedicures include Gelbottle polish. Normal polish is available on request

DESIGNER BROWS - NEW DEFINITON BROWS™

There is no doubt that we are a centre of excellence when it comes to all things brows. No one does brows like us! With our highly qualified, passionate team you can't visit CHANGES without experiencing our signature brow makeover

Deluxe Brows 45 min	\$85
Includes a hydrating rejuvenation pressure point massage	
NDBrows™ first time - 45 mins	\$69
NDBrows™ over 6 weeks	\$62
NDBrows™ under 6 weeks	\$52
Brow Lamination including brows	\$95
HDBROWS from the UK	\$69
Brow tint on its own	\$30
Deluxe Henna with brow map & light tweeze	\$55
Micro-bladed Brows/Man Brows	\$45
Face Threading	\$45
(Add-on) Henna to brow service	\$20
(Add-on) Lash Tint to brow service	\$27

LASHES

Party Flirts 30 mins of party lashes	\$70
Full set of Silk Lashes	\$140
Full set of Hybrid Lashes	\$160
Russian Volume Lashes	\$170
3 weekly infill	\$70
2 weekly infill	\$60
LVL Lash Lift	\$95
Includes lash tint, a Pure Fiji exfoliating hand treatment and our signature hand massage	

PROFESSIONAL AIRBRUSH TAN

Choose from Moroccan or Bondi sands

Half body	\$45
Full body	\$50

WAXING

Brazilian First time/over 8 weeks	\$77
Brazilian maintenance under 8 weeks	\$62
Bikini Wax	\$32
Bikini/Half Leg	\$72
Underarm Wax	\$29
Back or Chest Wax	\$55
Full Leg Wax	\$59
1/2 Leg Wax includes knees and toes	\$47